



Lighten Up!

with NYC Fitness Czar, Vince Ferguson, Zumba Expert, Sigrid Aarons,
& Brooklyn Borough President, Marty Markowitz, at the
"Lighten Up Brooklyn" 2011 Fitness Fair

Join Body Sculpt of New York
on

Thursday, July 7, 2011

12 p.m. to 4 p.m.

Borough Hall Plaza,
209 Joralemon St. Brooklyn,
NY

(between Court and Adams Street)



Come
out and win an
autographed copy of
Vince Ferguson's Book:
"Six Weeks to a Six
Pack!"

Zumba Class with Sigrid Aarons from 1 PM to 2 PM



Bring Your Kids, and "Let's Get Ready, Get Set, and Get Fit" For the Summer!

For More Information: (718) 346-5852 | www.bodysculpt.org