

## Federation of County Networks (FCN)

Established in 1996, FCN has five partner community-based organizations - the Northern Manhattan Perinatal Partnership, Brooklyn Perinatal Network, Queens Comprehensive Perinatal Council, Caribbean Women's Health Association, and The Bronx Health Link. FCN's membership includes the organizations of the Citywide Coalition to End Infant Mortality (CCEIM). Its mission is to reduce the rate of infant and maternal morbidity and mortality through the implementation of innovative citywide and local initiatives; advocacy; outreach; training and education.

For more information call  
212-932-3570 x13 or  
send an email to:  
[fedcountynetwks@verizon.net](mailto:fedcountynetwks@verizon.net)



Funded by:  
NYC Department of Health and Mental Hygiene  
Bureau of Maternal, Infant and Reproductive Health

# Building Bridges: Preconception Health and Adolescents - Preparing for Wellness



## FEDERATION OF COUNTY NETWORKS

and  
Citywide Coalition to End Infant Mortality  
Annual Symposium

**Tuesday, April 27, 2010**  
**9:00am - 4:00pm**  
New York Academy of Medicine  
1216 Fifth Avenue  
New York, NY 10029

## Conference Description

This conference will *'break the silos'* that prevent agencies from dealing with the comprehensive needs of adolescents and young adults. Adopting a life course approach to health care can help ensure all NYC youth and young people are set on a path towards wellness. Participants will gain insight on how the life course model can be applied to the wellness and preconception health framework; identify strategies for incorporating wellness and preconception health care into programs supporting adolescents, including teens aging out of foster care and college age youth; and learn how social media can be used to communicate these messages to adolescents and young adults.

**Who should attend?** MCH Program Administrators, Health Educators, Peer Educators, Community Health Workers, Social Workers, Nurses, Foster Care Agency Staff, College Wellness Program Staff, and persons working with Adolescents and Young Adults.

The FCN is an umbrella organization leading the fight for Maternal, Child and Family Health (MCFH) funding, program policy, and training. You will have an opportunity to network with the Federation of County Networks (FCN) and its co-host the Citywide Coalition to End Infant Mortality.

## Proposed Schedule

### 9:00am Breakfast, Registration & Networking

### 9:20am Welcome & Opening Remarks

Joyce Y. Hall, MPH  
Executive Director, Federation of County Networks

Deborah Kaplan, R-PA, MPH  
Assistant Commissioner, BMIRH  
NYC Dept of Health & Mental Hygiene

### 10:20am Keynote Address

#### ***Preconception Health/Life Course Perspective in Adolescents and Young Adults***

Audra D. Robertson, MD, MPH  
Dept of Obstetrics and Gynecology  
Brigham & Women's Hospital, Boston, MA  
Clinical and Research Director, The Birth Equity Initiative

### 11:35am Panel Presentation

#### ***"Promising Practices in Wellness and Preconception Health for Adolescents and Young Adults"***

Adopting a life course approach to health care can help ensure all NYC adolescents and young people are set on a path towards wellness. The life course model acknowledges the complex interplay of biological, behavioral, psychological and social protective and risk factors that contributes to health outcomes across the span of a person's life. This panel will provide strategies that you can incorporate into your program to educate adolescents, including teens aging out of foster care and college-aged young adults about preconception health.

#### **Panelists:**

Lisa B. Handwerker, MD, Children's Aid Society  
Dori Kavanagh and Jessica Bondi, The Door  
Matilde Gonzalez-Flores and Isabel Estrada-Portales  
Office of Minority Health Resource Center, US DHHS

### 1:00pm Lunch and Networking

### 2:00pm Panel Presentation

#### ***"What's Really Good? Using Social Media to promote Preconception Health and Wellness Messages"***

Interested in learning how social media and other Internet technologies can be used to reach adolescents and young adults? This panel will present successful methods and common pitfalls towards delivering preconception health and other wellness messages to adolescents and young adults.

#### **Panelists:**

Allison Hauser, March of Dimes  
Christel Hyden, MS, CHES, Harlem Health Promotion Center

### 3:30pm Wrap Up and Closing Remarks

Joyce Y. Hall, MPH  
Executive Director, Federation of County Networks

*Building Bridges: Preconception Health and Adolescents - Preparing for Wellness*

## REGISTRATION FORM

**Please register by:  
April 20, 2010**

First Name	Last Name
Title	Organization
Phone	Fax
Email (Required for confirmation)	
Address	
City	State
	Zip

**Registration Fee: \$50**

**Please make check payable to:  
Federation of County Networks**

**Send to:**

Joyce Hall  
Federation of County Networks  
127 W. 127th St., 3rd Floor  
NY, NY 10027