



East New York **FARMERS' MARKET**

*local, fresh
& in season
since 1998*

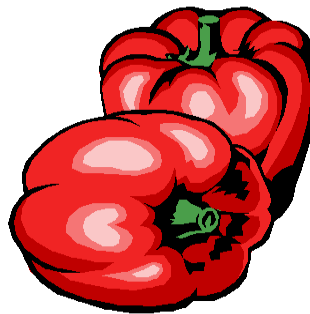
***FRESH, AFFORDABLE FOODS
Right in your neighborhood!***

Expanded selection, visit us again, or for the first time.

*We accept EBT, WIC Vegetable & Fruit Checks,
FMNP and Health Bucks!*

FARMERS' MARKET
Every Saturday
June 25—November 12
9am—3pm

*New Lots & Schenck Aves
#3 to Van Siclen
B6, B15, B83*



FARM STAND
Every Wednesday
July 6 —October 26
3:30pm—6:30pm

*New Lots & Georgia Aves
L train to New Lots
B15, B20, B83*

www.eastnewyorkfarms.org
For more info call: 718-649-7979 x29



East New York Farms!



@ENYFARMS

East New York Farms! is a project of:





Join East New York Farms! and be part of creating change. Here's what you can do:

Shop at our markets. Get nutritious affordable foods and homemade crafts while supporting our local economy. Saturdays June - Nov at New Lots & Schenck and Wednesdays July - Oct at New Lots & Georgia.

Join a garden. East New York has over 60 gardens, more than any other neighborhood in NYC. We can help you get a garden plot and learn how to grow organic vegetables for yourself and for market. You can join a garden even if you don't want your own plot, to help keep our gardens beautiful and well-used.

Join our CSA Farm Share Program. Support a local organic farmer while getting discounted seasonal vegetables from June to November.

Work on our farm. We host Open Volunteer Days at the UCC Youth Farm the 1st and 3rd Saturday of each month, 10 am–2 pm, from April to October. Come get your hands dirty and learn about gardening!

Bring us your "green" trash. We try to keep leaves and fruit & vegetable scraps out of landfills by collecting them and turning them into nutritious soil for our farm.

Do a cooking demonstration. At our market, or WIC and senior centers, cooking demos are a great way to get people excited about fresh food and better health.

Drive seniors to the market. Help our elderly neighbors get the nutritious food they need.

Sell at our market. You can sell your home-grown vegetables, food, crafts, and more, while helping us grow our local economy.

Organize events. Help make our market and gardens even better places for our community. Kids' activities, music, dance, and other talents are always welcome!

Apply to be a youth intern. If you are between 13 and 15 years old, you can work with us in a 9-month internship. Applications are available during January and February.

Become a Community Educator. Attend our training, and then educate your neighbors about the changes we need in order to be healthier and more self-reliant.

Donate to us. Donations of any size help us to keep our good work going.

Attend our meetings. Our meetings are the first Tuesday of each month from 6:30-8:30pm at United Community Centers and are open to anyone. Come find out more about what we do.

Tell a friend about how they can be involved too!

Ready to get involved? Have another idea? Contact us!
Call (718) 649-7979 or visit 613 New Lots Avenue
and ask for any East New York Farms! staff